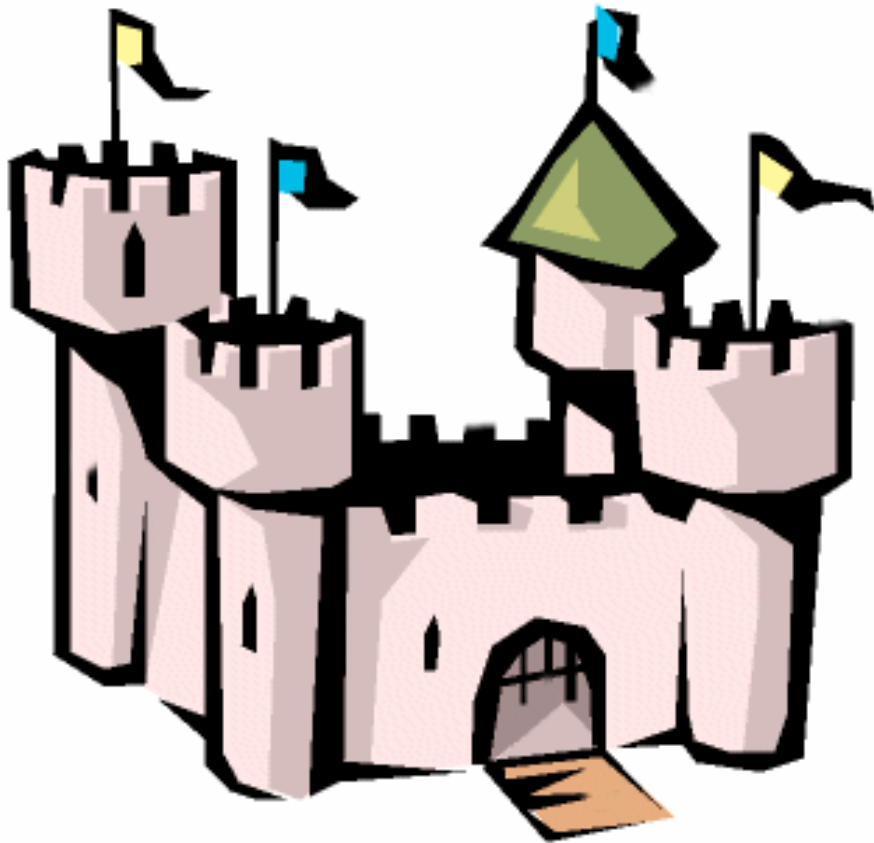
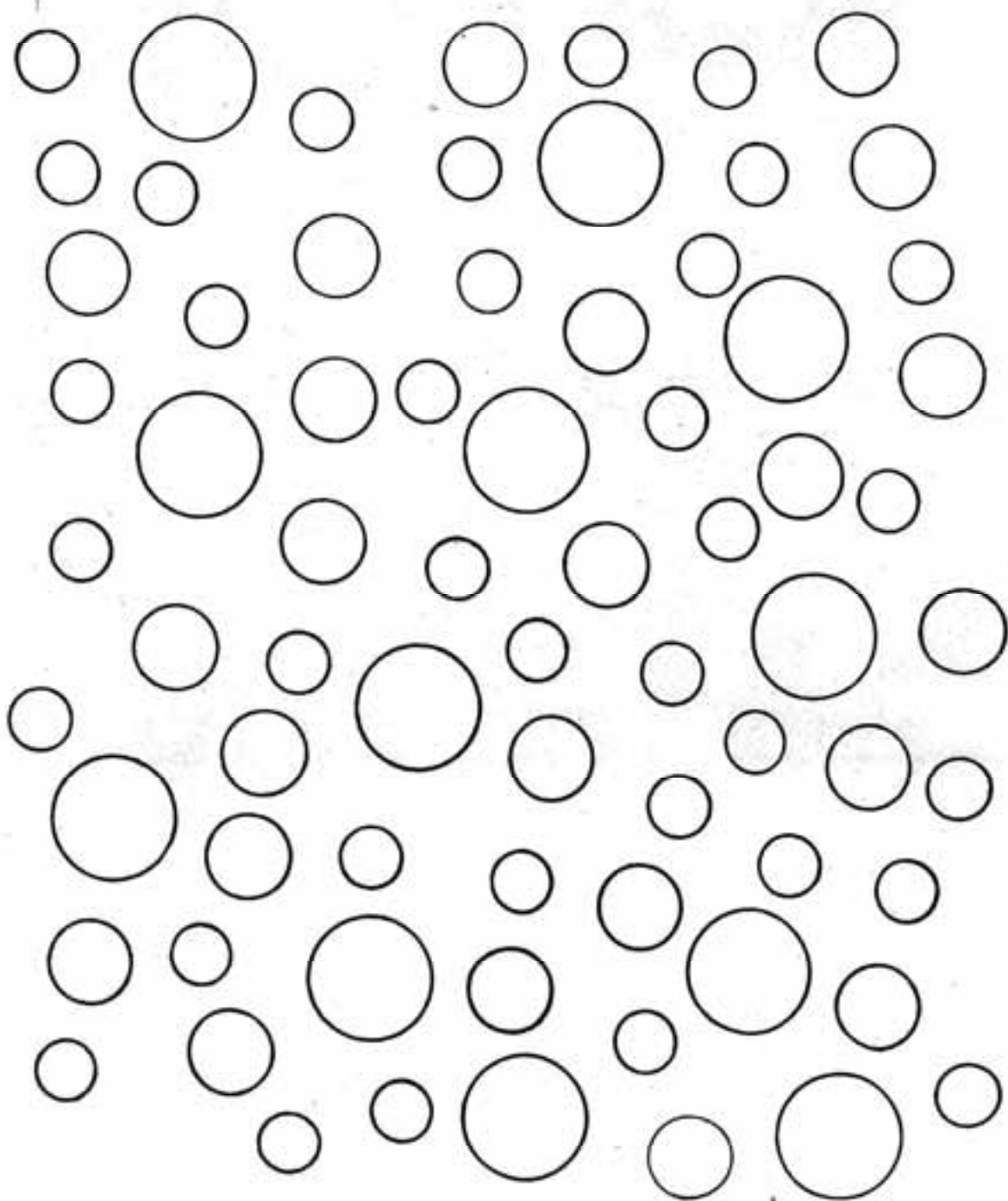


RADNI MATERIJALI ZA VJEŽBANJE KONCENTRACIJE I PAŽNJE

Ministarstvo obitelji, branitelja i međugeneracijske solidarnosti
Obiteljski centar Virovitičko-podravske županije
Sandra Matošina Borbaš, prof. psihologije



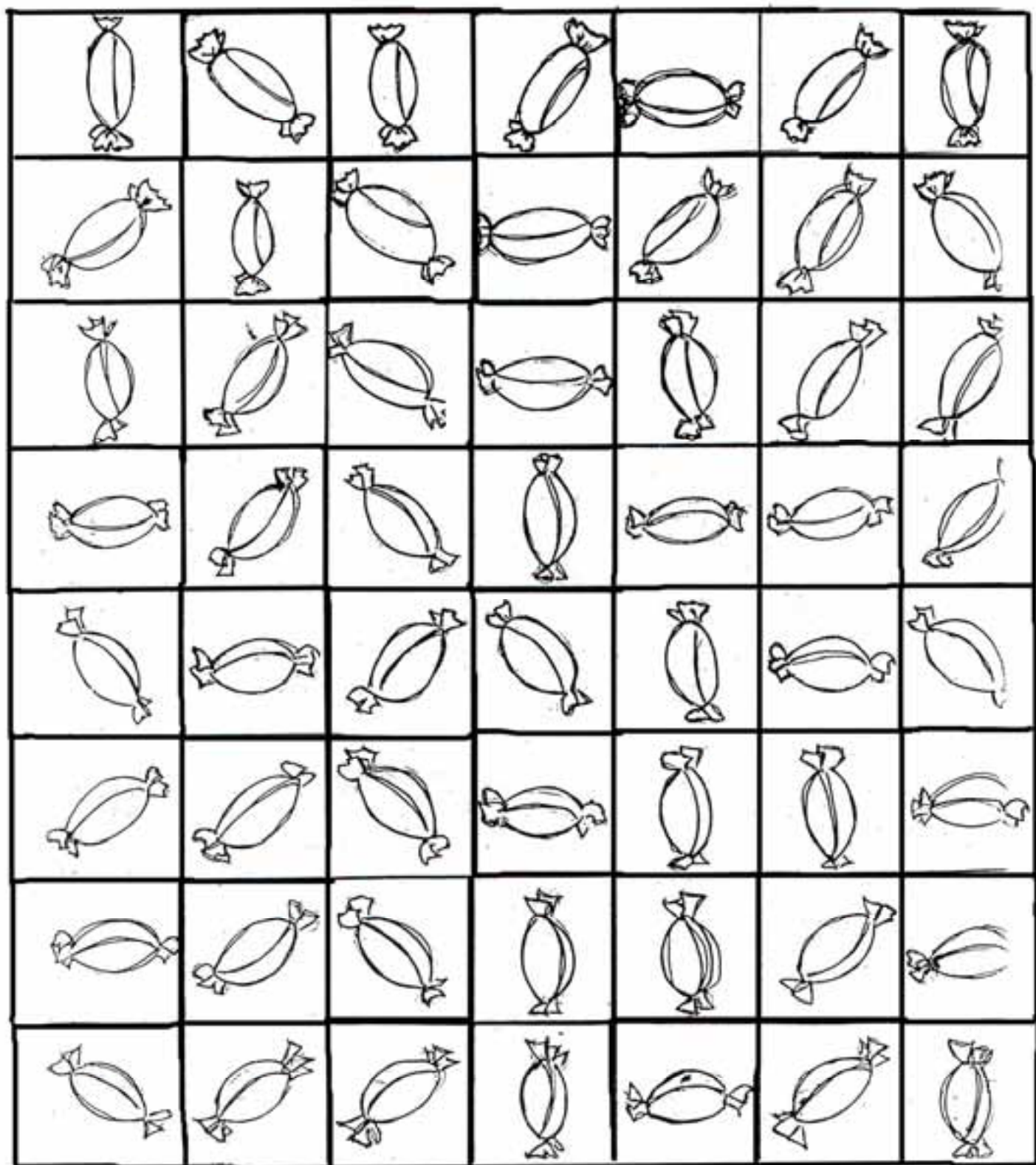
PRONAĐI 6 RAZLIKA



1. NACRTAJ RUPICU U SVAKOJ KUGLICI.
2. OBOJI ONE NAJMANJE CRVENO,
ONE NAJVEĆE MODRO,
ONE SREDNJE ZELENO.




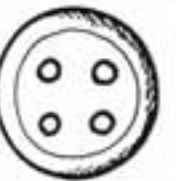
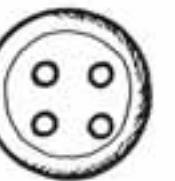
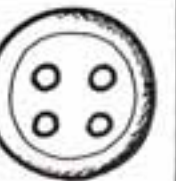












(ŽELIMO LI ZADATAK OTEŽATI, TRAŽIMO OD DJECE DA NAJPRIJE OBOJE SVE KUGLICE SREDNJE VELIČINE.)

prekriži uspravne bonbone
zaokruži bonbone okrenute u desno



123467589 123457689	hgorpbnmi hgorbbnmi	AÄÄÄ838ÖÖ AÄÄÄ883ÖÖ
589630094 589630094	bpopbmnm bpopbmnm	WWVVT7TII WWVVT7TII
869383896 869383986	hbuvoijbhn hbuvoijbhn	SRFTPÜÄON SRFTPUÄON
689638309 689638309	mhnoöüadh mhnoöüadh	COÖMNRPT COÖMNRPT
148963411 148963411	jilbhöuünhm jilbhüuünmh	7ZBM1NOI0 7ZBMINOI0
579899633 579899633	hmnbnmnhbn hmnhmnhbn	NP58MM9N NP58MN9M
489806389 489808389	aocodbeflti aocodbeflti	JILE7F1IEF JILE7FIIEF

Pronađi razliku (ukoliko je ima)
između dva niza slova i brojeva i označi ju.

					
					
					
2	1	2	2	2	2
4	4	4	3	4	4

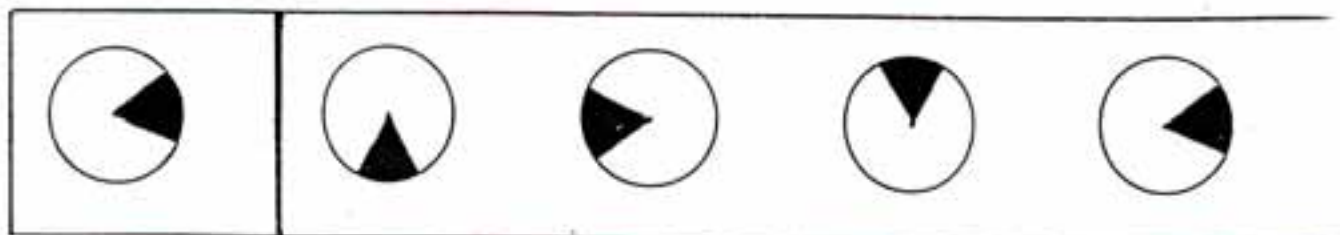
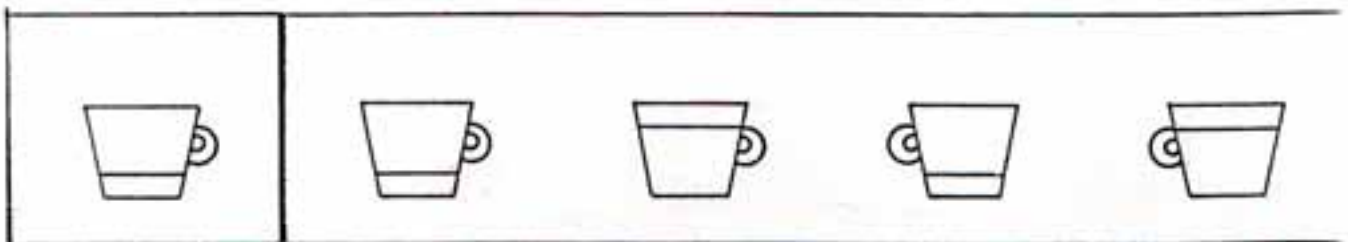
Pronađi sliku u redu koja je različita od ostalih

Na početku svakog reda nacrtan je jedan predmet.

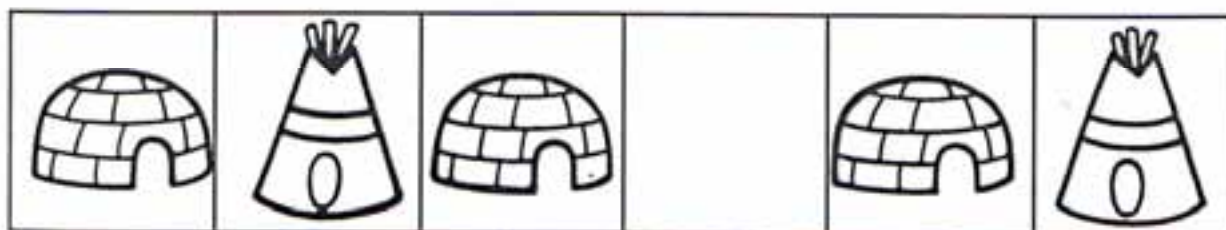
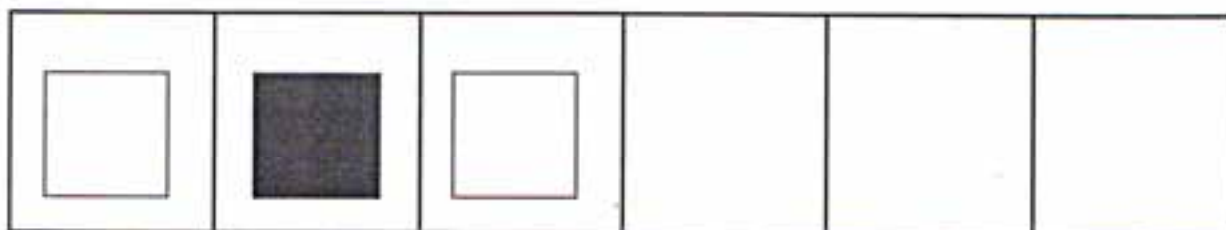
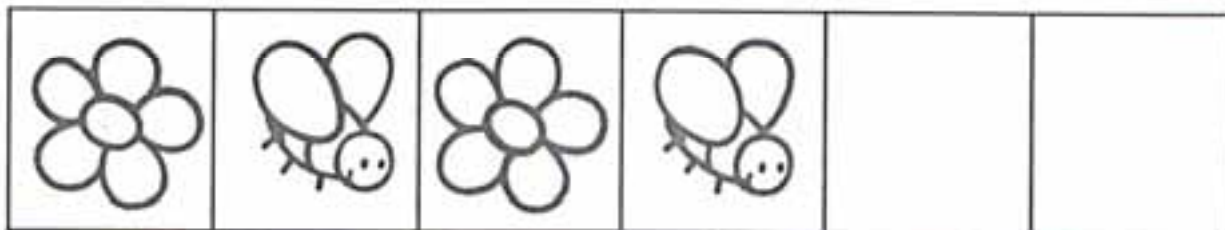
a) Nadi u svakom redu isti takav i zaokruži ga.

b) Oboji šalicama drške.

c) Dvije kućice oboji crveno.



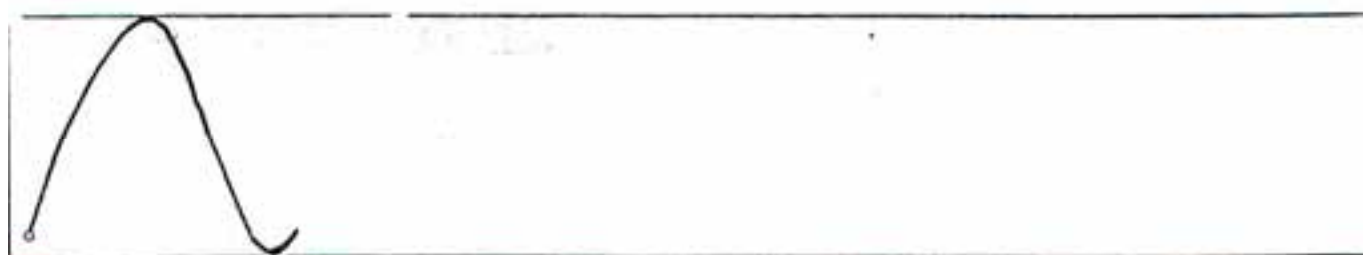
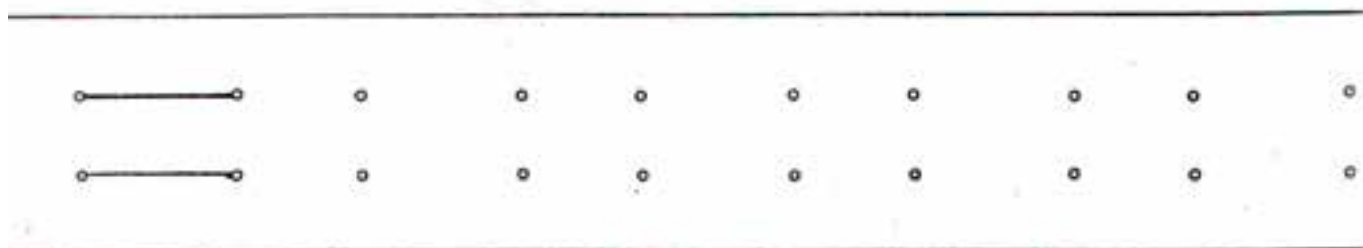
Dopuni ove nizove.



Poveži crtom brojeve od 1 do 10 dva puta.
Što je na slici?



dovrši niz



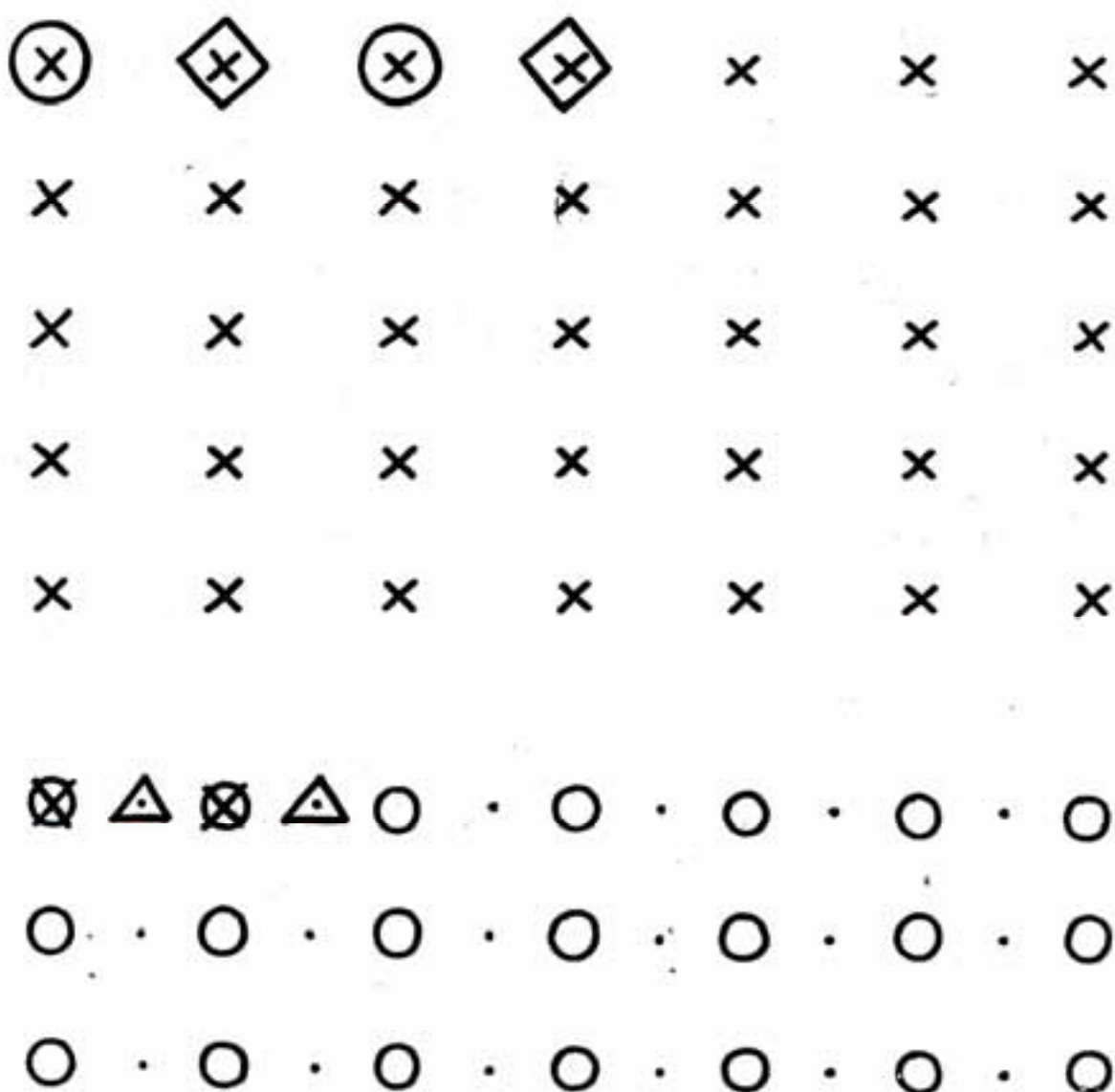
iren6739nbht eb68032nil1 urion 73htnb893893hli1
ll1ll1583 hnto0l3m to13nhot 00thoirnkl1 orntz38939
hronzt93 heronit73n21hngothli1n0l murio00043hng
17438584ho hbutnmo43ngbeo mirohnme71 heomvbn
jijijo uht05837 uhng tr38946nomhr 1l1ijhno hbohne 158

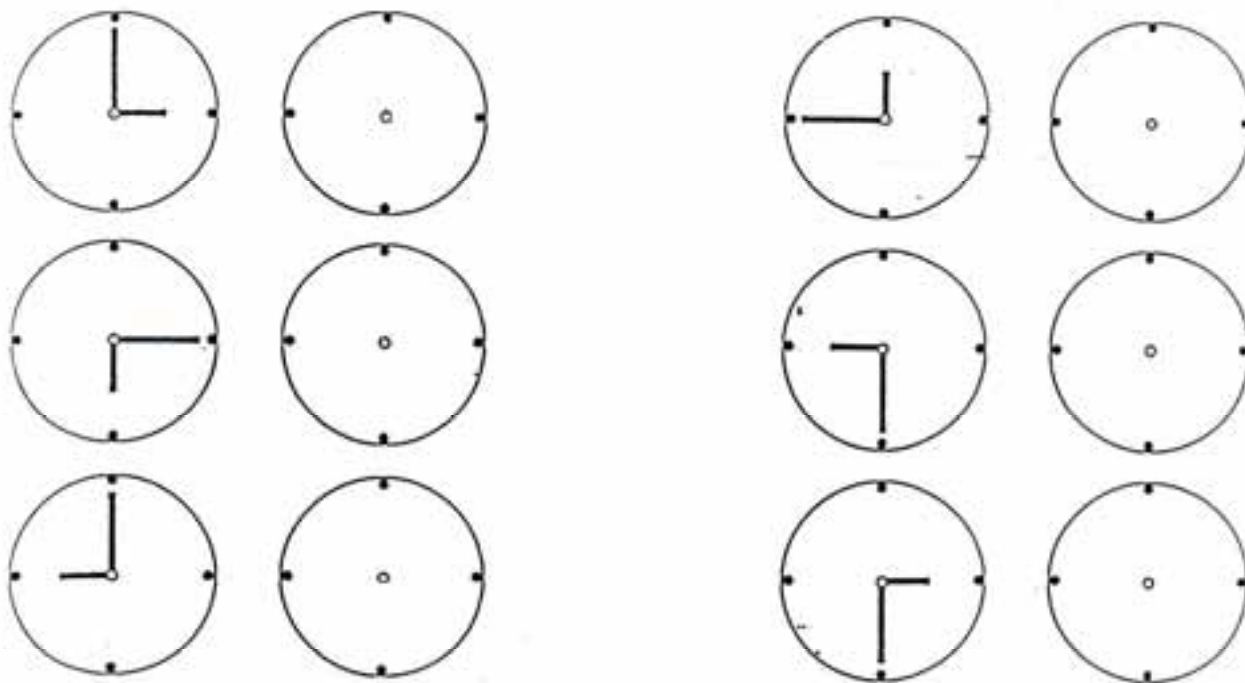
Pronađi i prekriži u gornjem tekstu
sve brojke 7 i sva slova m

ungrnm857wn4qhnr miru74 nvurmntz4hngjr7nghr
mioprnghmeza54 nughrqu74747h1bgi9 mitzerhgq754
090kmnzwrgbf urnbhq43747bhgzqq urpn4ö7 hruvbnrp
qhnvbr 76irpq9 ppppghnrurvjhwoqu4njt8 ngurpppqng8
74rnbhepn quthrbg7676 pptunqqpngzrnb pqpqpqpqr

Pronađi i prekriži u gornjem tekstu
sve brojke 4 i sva slova p

nastavi niz

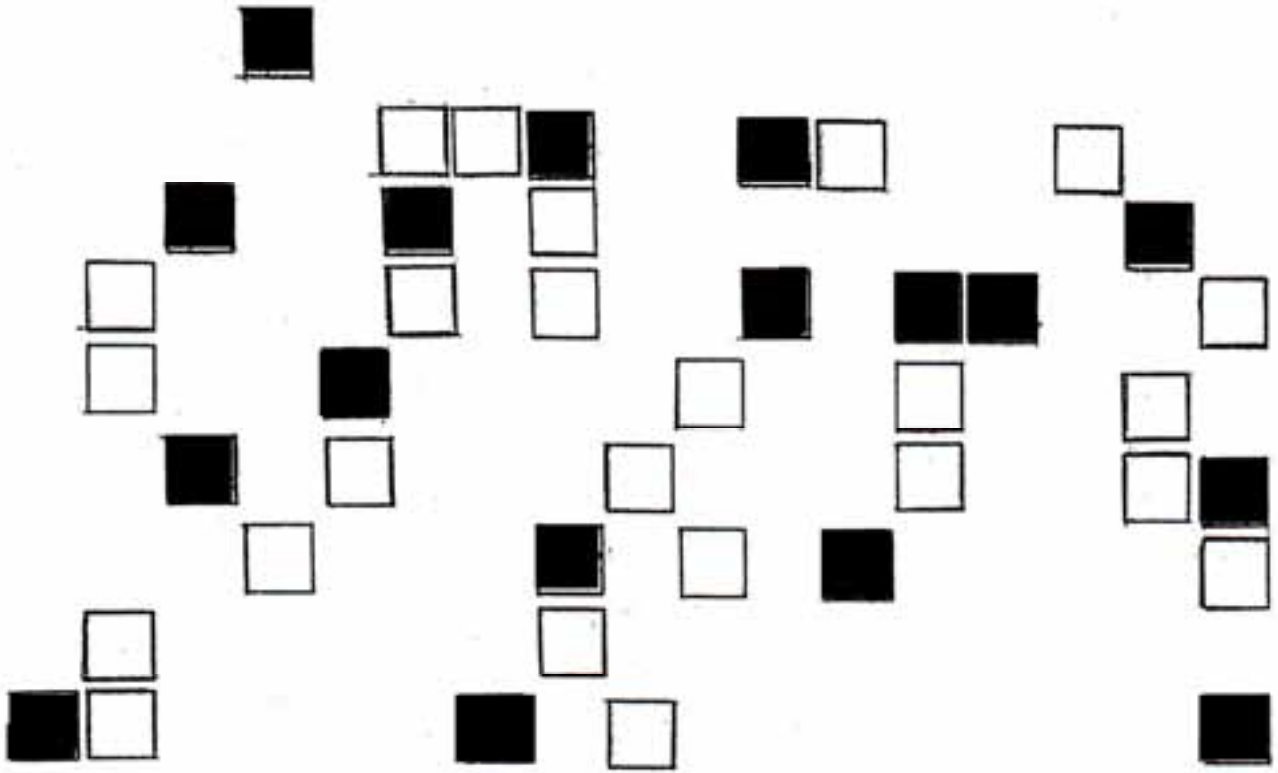




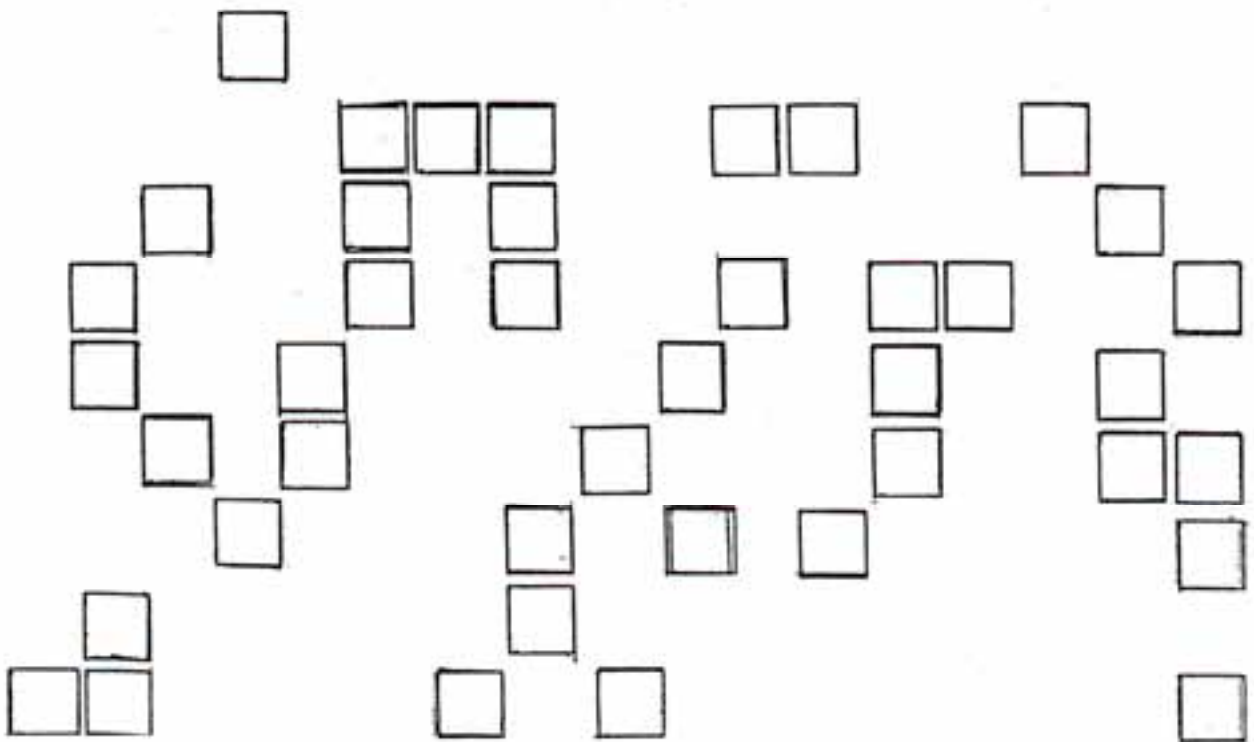
precrtaj odgovarajuća vremena satova u prazne krugove

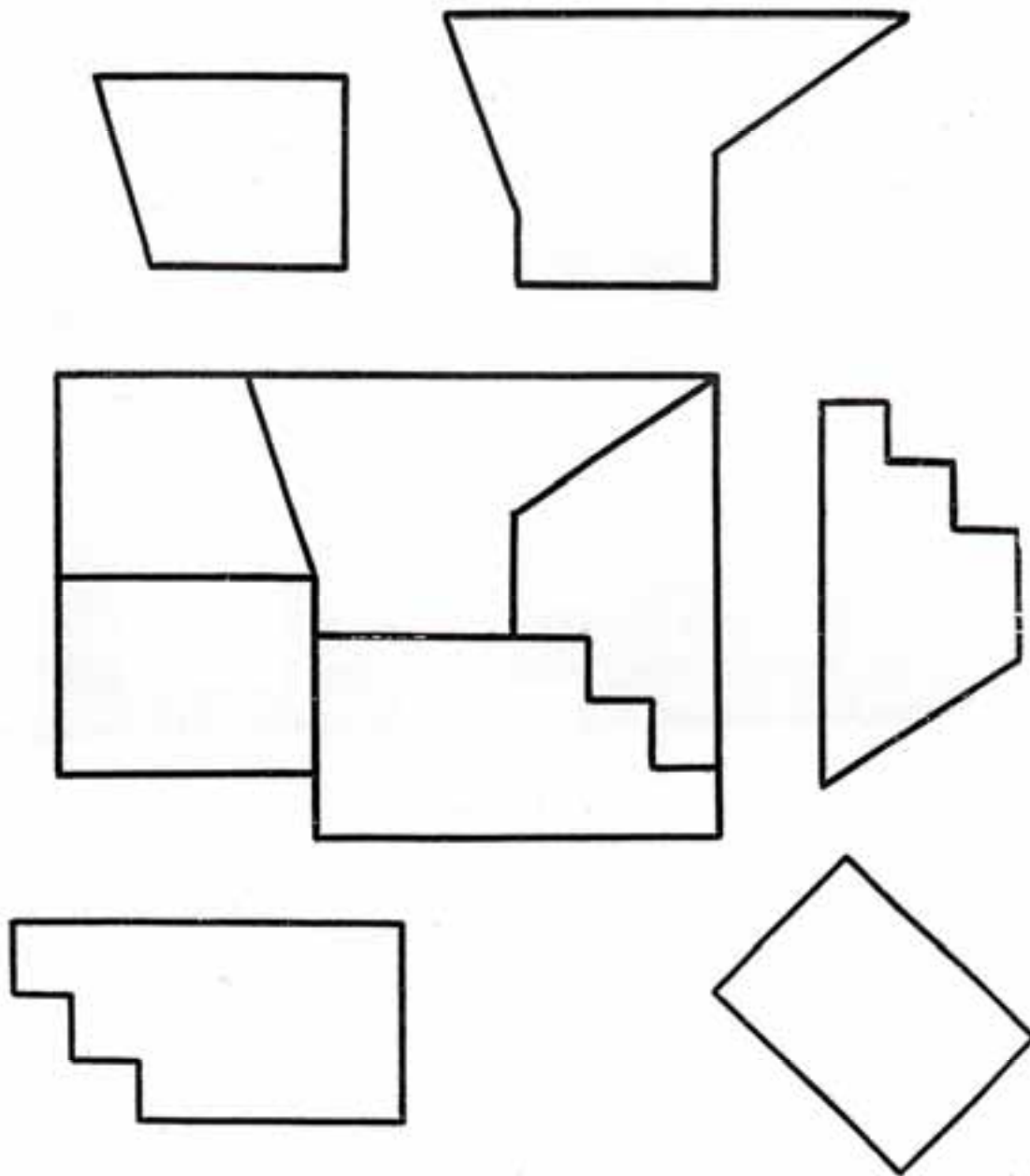
Ovaj skup slova koji odaje dojam zbrda-zdola nabacanih slova sadrži u sebi čitav niz uporabivih riječi koje samo treba pomno potražiti. Dolaze u obzir samo imenice. Svaku pronađenu riječ možete podcrtati.

s o u e l m s k a m i n n i č e r a d ž k n j i g a r t
h š i s i j e n o v u š j e z e r o h a č e t v g b a r n
d e g k e r s r e ć a c a l j š p o n e d j e l j a k o m
f r s t o c n j v r i j e m e g h o u ž n j e š o s đ l j r t
u k a p k i n o e b d l j o r a d c d e z r e l o s t h u
ć m o ć đ i k r o n j r a k j e g l g z h l a d n o ć a c
h t e v s t v a r n j o d a s m i r č đ š e b r d a đ u
n j k l o g r a d a g n l u f d u s p j e h m l o d v k
k h i p k r d a m j h g r z a k l a d a s n j t o d b r
h e v j e r a č o f z o ž l i v a d a m o f h p g l a d ž
a g i v u p i l a n a h e o b ž r t o d i p e č a t o đ
g o b u t o g e b n š o i u t u b r s c h o u e i g h z
u z f l j o č i č a k l u t o č ć i s n a ž c k i š a p i t
b u d v g k r z n o p r n j p e č k z e b r a č h e g d i
ž f a k l i ž b i l j p ž i ž a k i j l m o b n j e l a c e
c u č i š i t v m l j e š e š i r b n o ć m ž u d ž a n j p
ž i l j i m o g d i v l j i n a p r f s s o š e ž e č b k t
v i e l e p r t u b š l đ i r k c a b t i š i č o m ž h l i o
d o g h e d u t h k a t r a n u r c z n o t g e r d r m e
l a n d i t r e č i h l o u t r e v š a n a č e l o n j e r
n l i c h t u f ž p u o t č a t s u e m o t a g n a č g i
p e l z t o č a k n h t f n b r t v a y j s a c r o p r u
s c h v i ž u č a ž a l g r d o b a h e u t p g u i n l j k
k d v r a h t h u f d s g k g e d s a ž o p o i k l p č u
m o g đ i a m a c h t k r v o l o k b f d ž o d o d ž u
b a d g u t k u n r i l j p r a v d a g r u n d g e p r a
c o m r m s d g r š u r k r u i o f o d o b r o i u z ž u
b h u r g d l t z t r e r p r e š u e s t m o s p a č u b



procrtaj odgovarajuće kvadratiće na odgovarajuće mjesto donjeg crteža



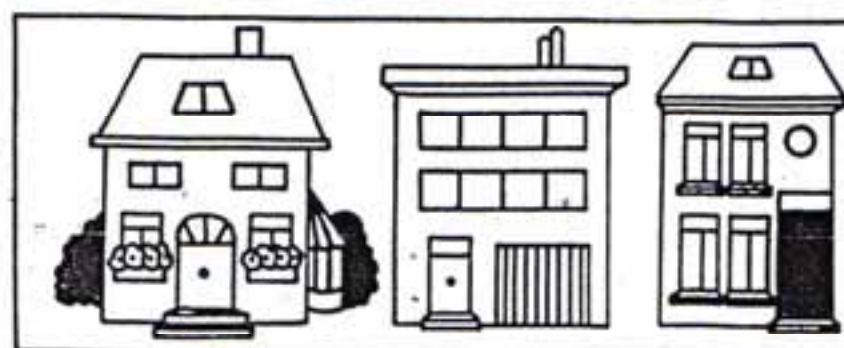
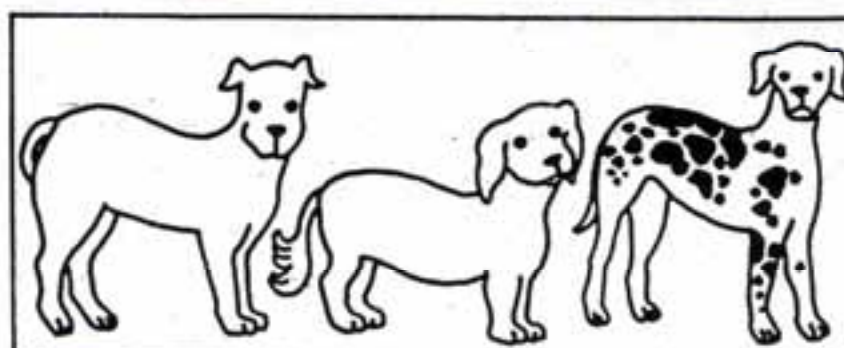
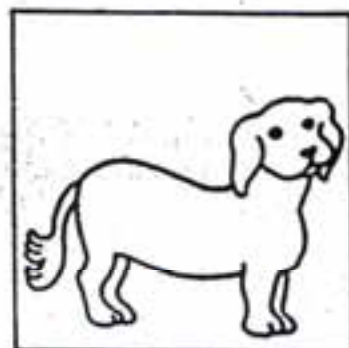
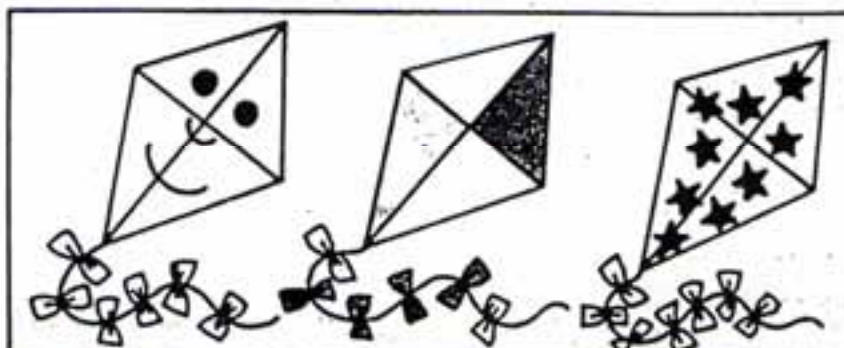
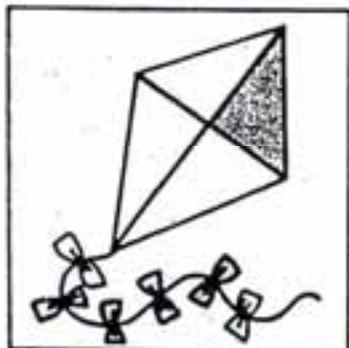


Poveži crtom odgovarajuće likove s dijelovima kvadrata u sredini

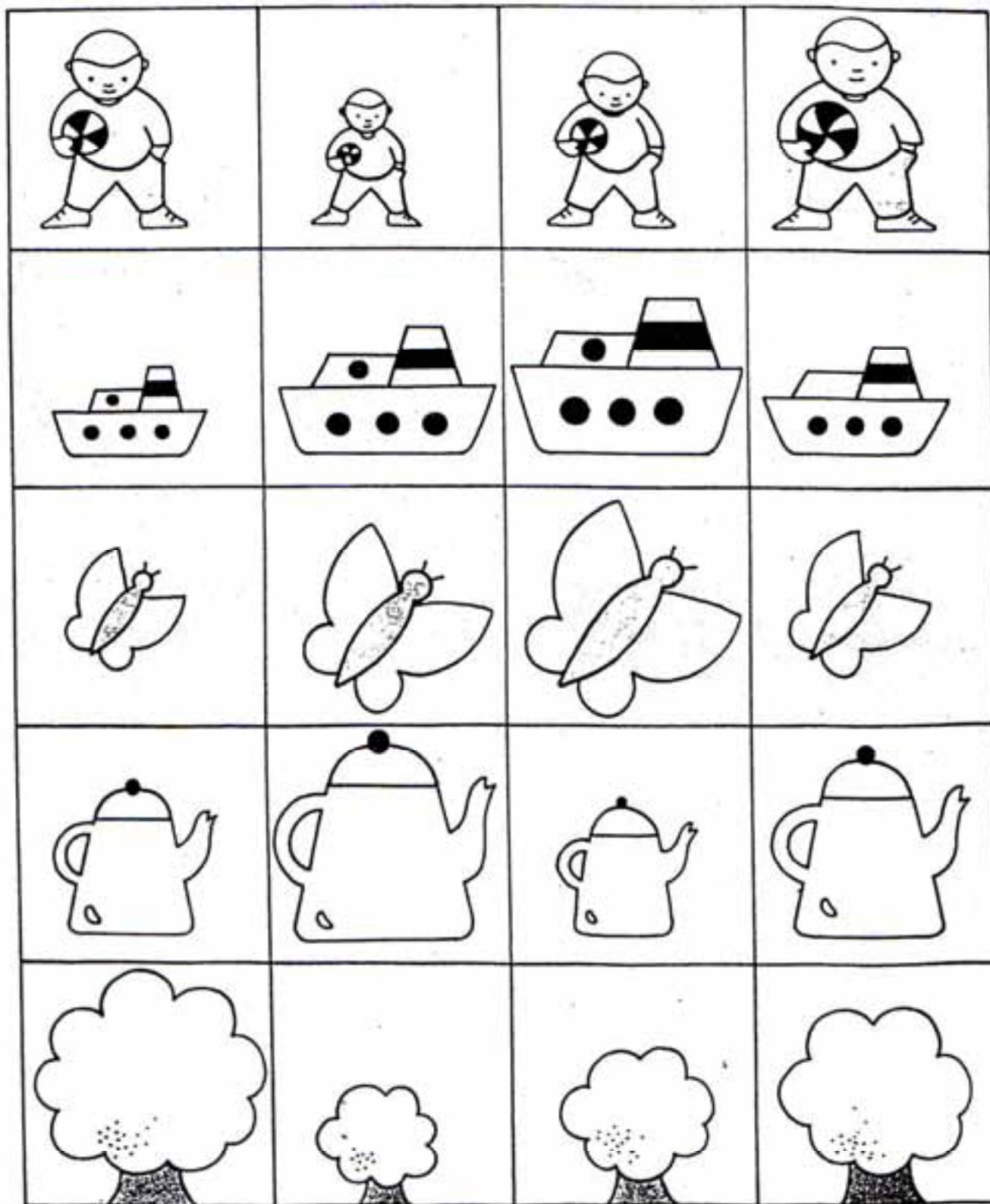
pronađi i označi razlike



u svakom redu pronađi i označi sliku
koja je jednaka početnoj



izreži sličice i poredaj ih
od najmanje do najveće



$+$ = \square $-$ = \square \times = \square $:$ = \square

1. $2 \square 2 \square 2 \square 4 =$

2. $8 \square 12 \square 8 =$

3. $50 \square 2 \square 100 =$

4. $30 \square 900 \square 30 =$

5. $5 \square 5 \square 5 =$

6. $21 \square 21 \square 21 =$

7. $51 \square 17 \square 1 =$

8. $0 \square 1 \square 2 =$

Zamjeni simbole odgovarajućim računskim operacijama i izračunaj

vwuuou
vwuouu

PQOP00X
PQOPO0X

bbgrmn
bbgnmn

ZTK3E83V
ZTK6E83V

hnmhmn
hnmhnm

KH5NHMN
KH5NHNM

jijltlbllij
jijltlbllij

JIHILJHHN
JIHILJHHN

aoaueaöü
aoaueaöü

ÄÜ98ÖO73
ÄÜ98ÖO73

wvnmnäö
wvmnnäö

WM69ÄAOÖ
WM69ÄAÖÖ

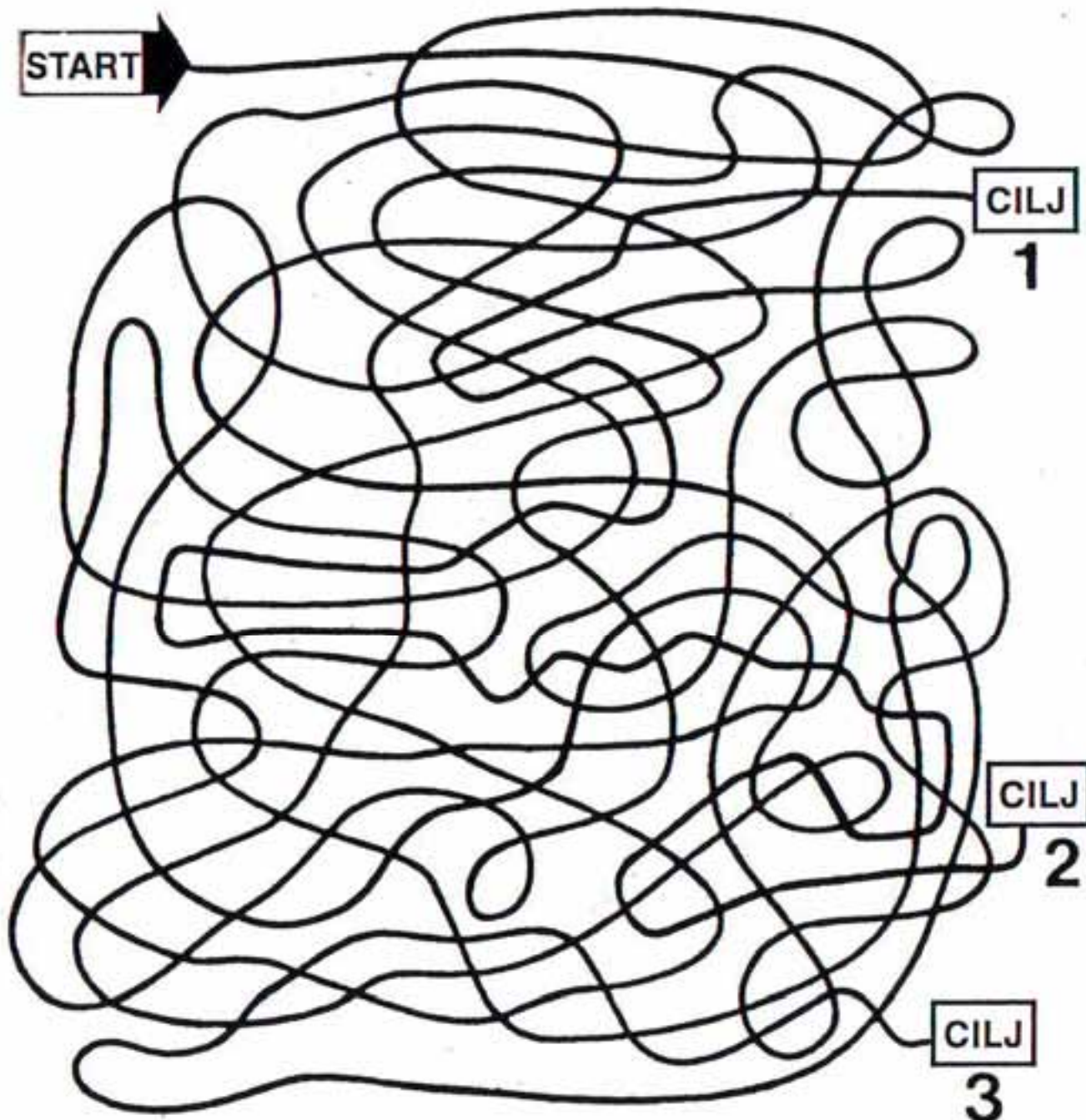
blbibbtlī
blhibbtlī

XVHM9HN9
XVHM9HN9

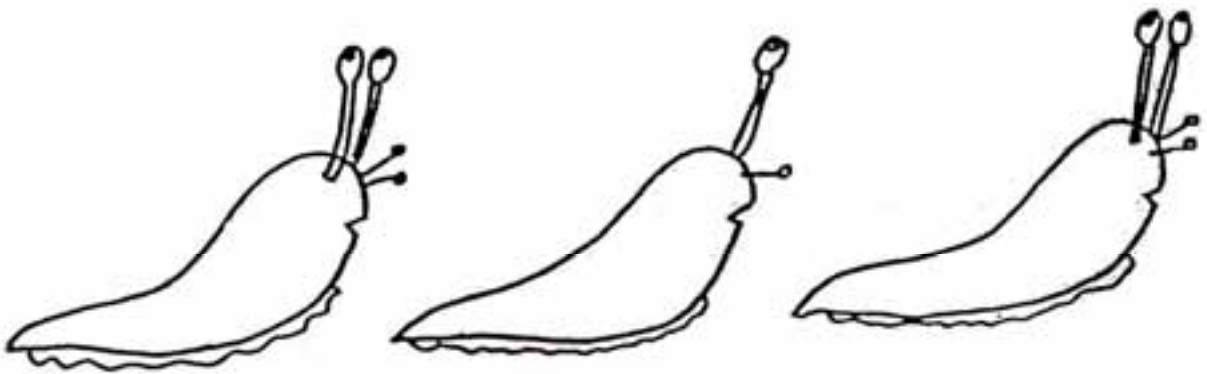
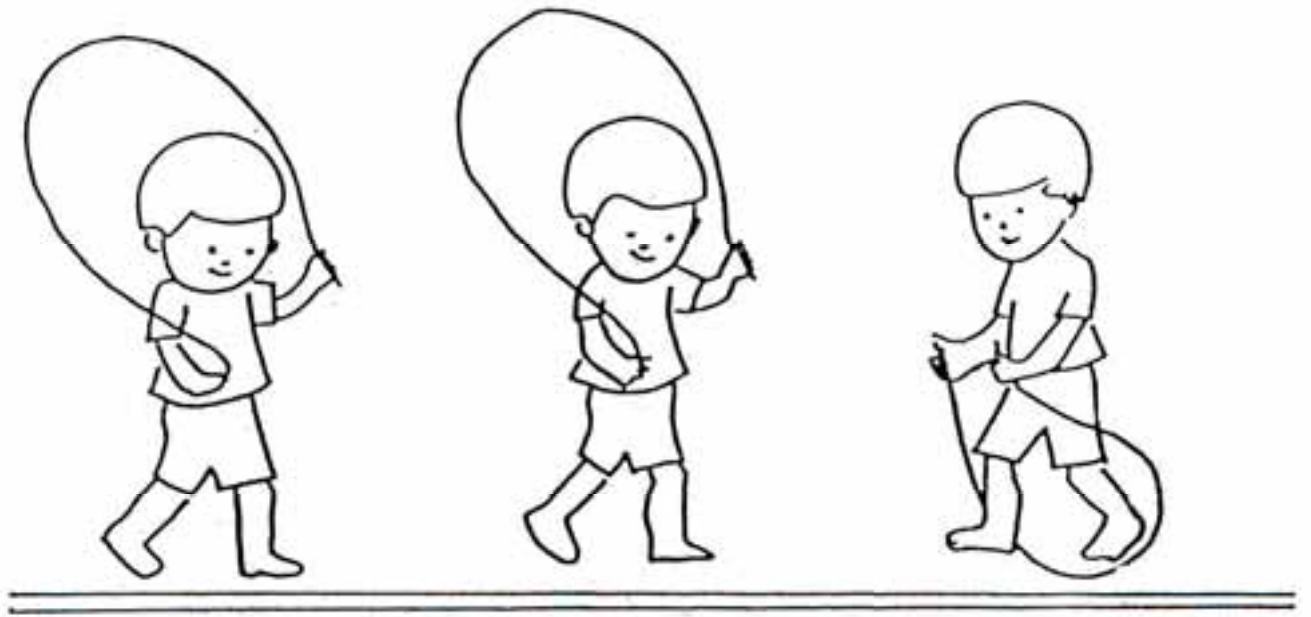
kxkxhüöhx
kxkxküöhx

DOCDU0DC
DOCDO0DC

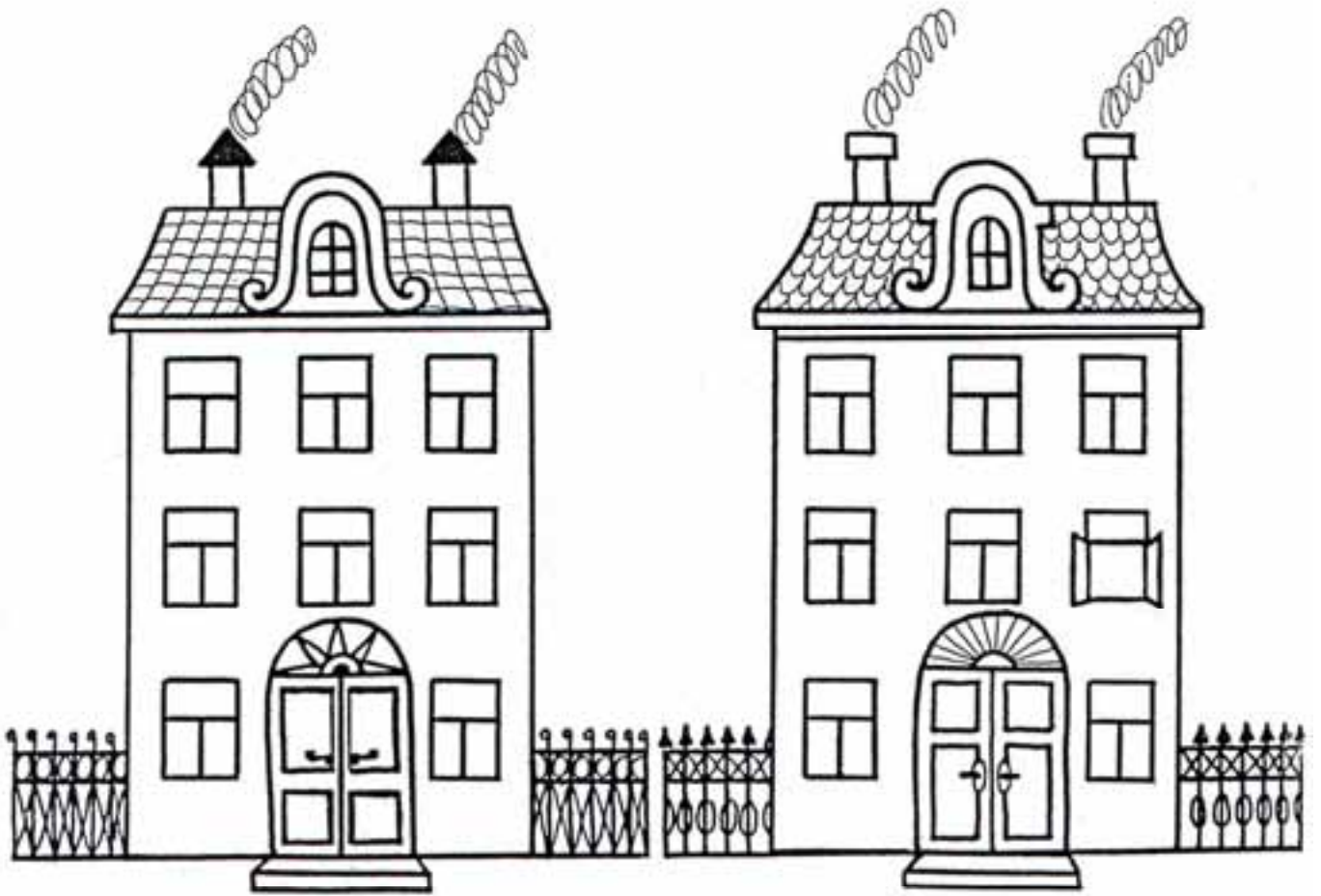
Pronađi razliku (ukoliko je ima)
između dva niza slova i brojeva i označi ju.



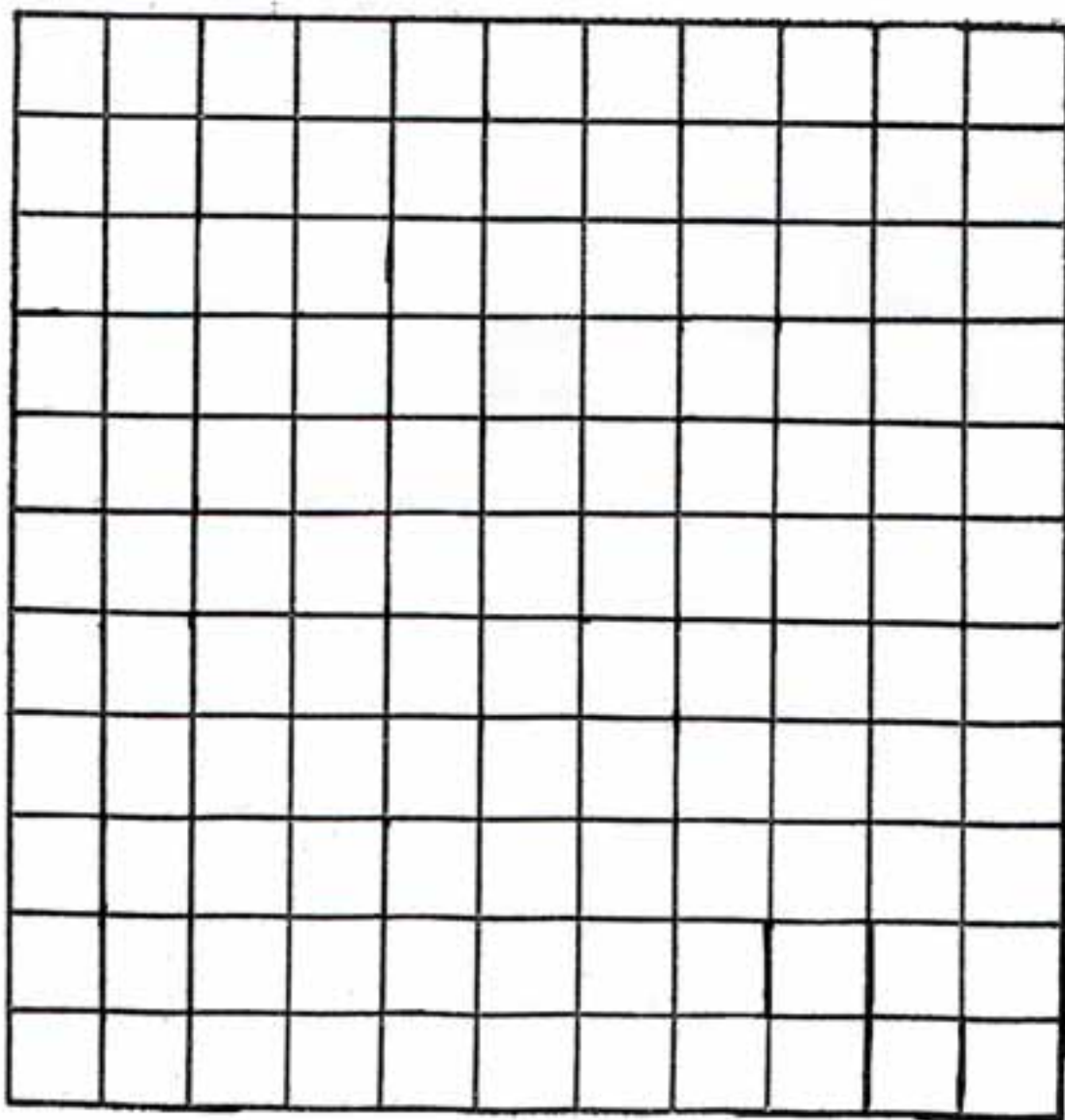
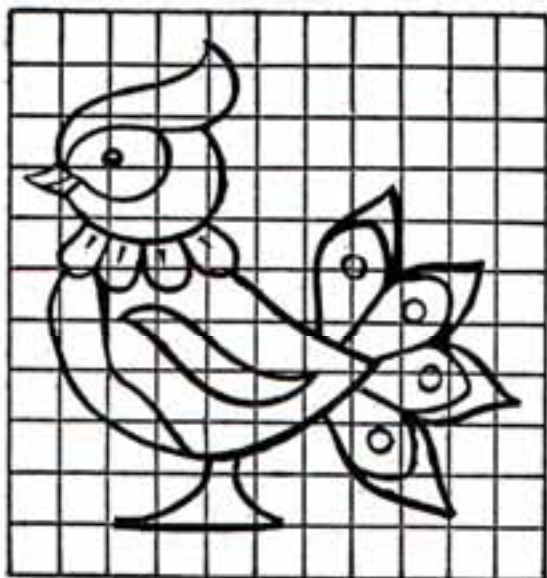
Pronađi na koji cilj dolaziš kada kreneš na startu (složenija varijanta ove vježbe zahtjeva da se ne koristi olovka, nego se rješenje traži samo uz pomoć očiju)



Označi koja je slika različita u svakom redu



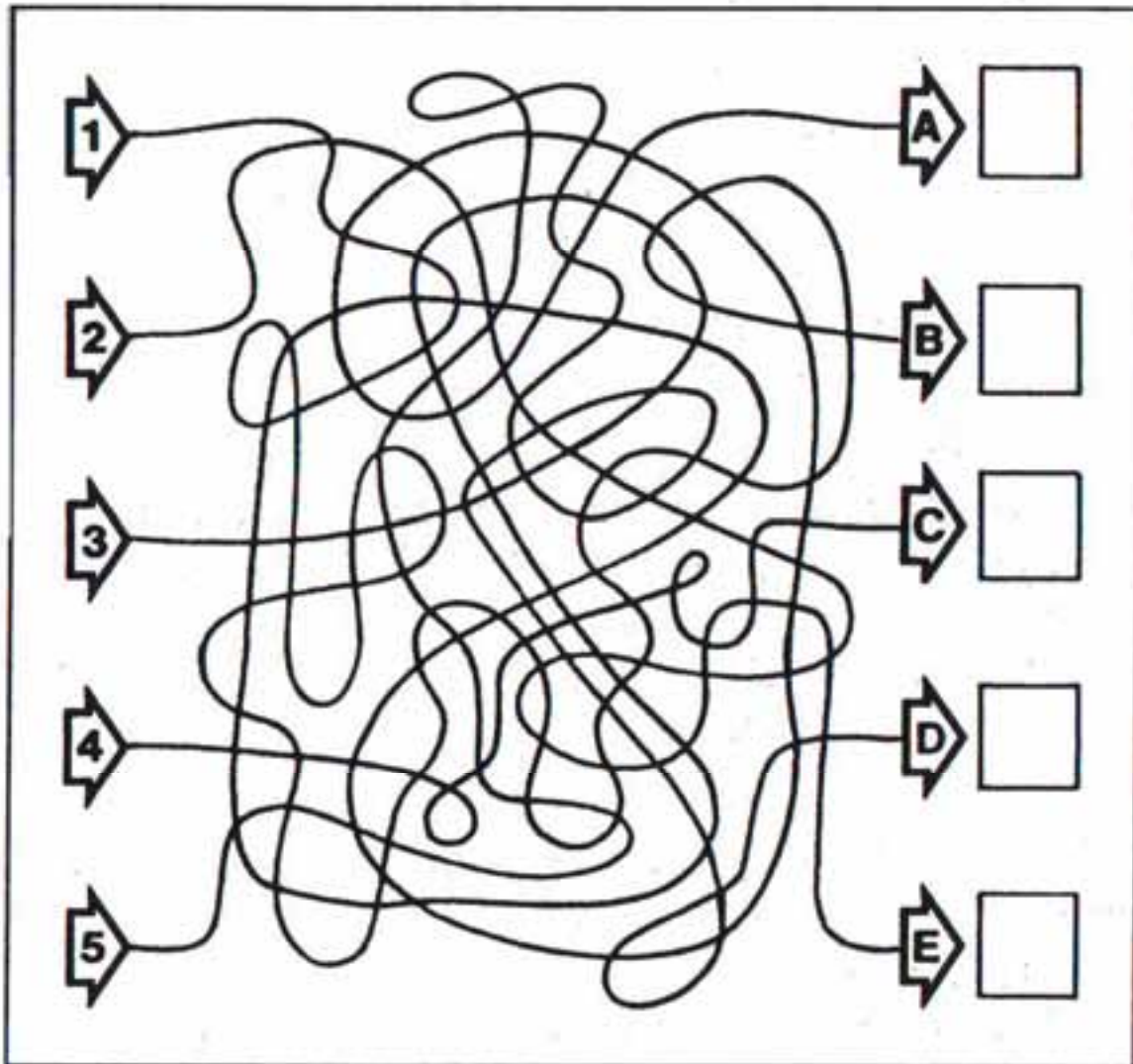
Pronađi razlike



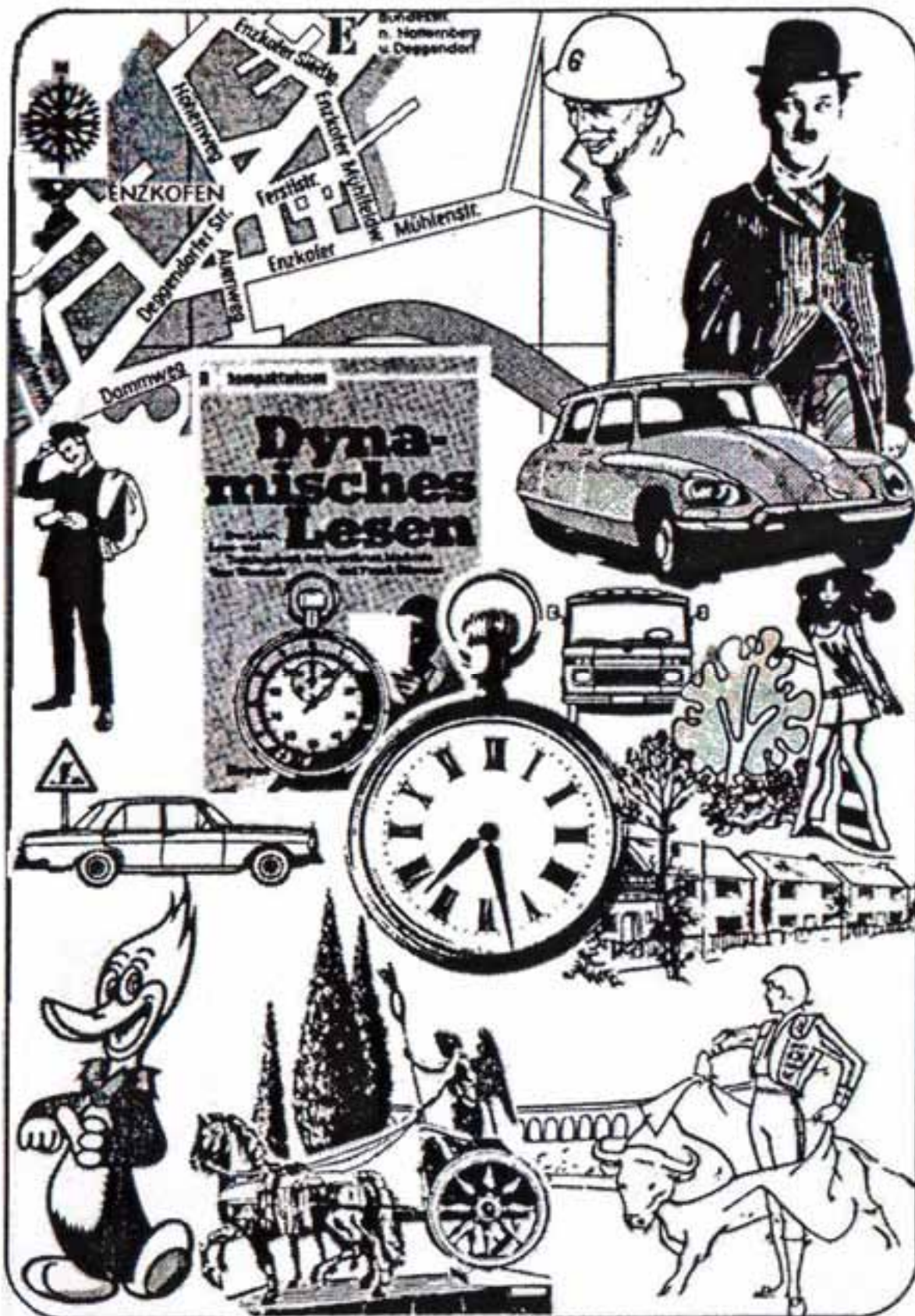
Precrtaj gornju na donju sliku uz pomoć rešetke

ista slova poveži crtom

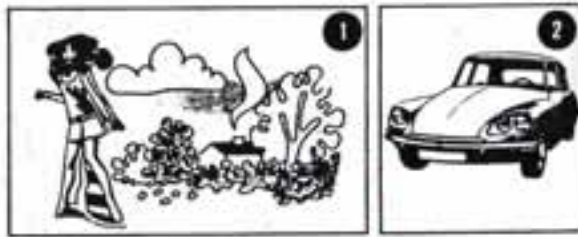
M	N	O	C	B	A
N	M	N	B	A	B
O	N	M	A	B	C
K	J	I	E	F	G
J	I	J	F	E	F
I	J	K	G	F	E



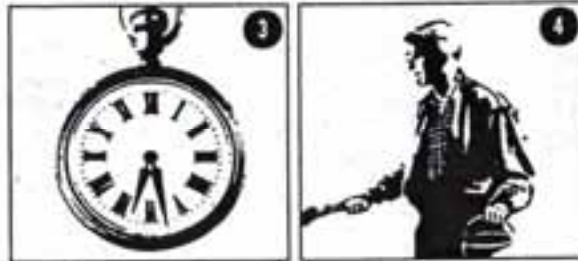
U svaki kvadratić upiši broj koji se nalazi na početku crte



Gledaj ovaj crtež pozorno, i probaj ga što bolje upamtiti.



DA NE DA NE



DA NE DA NE



DA NE DA NE DA NE



DA NE



DA NE



DA NE



DA NE



DA NE



DA NE



DA NE



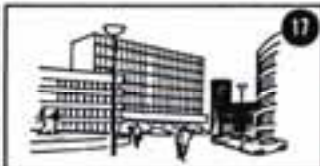
DA NE



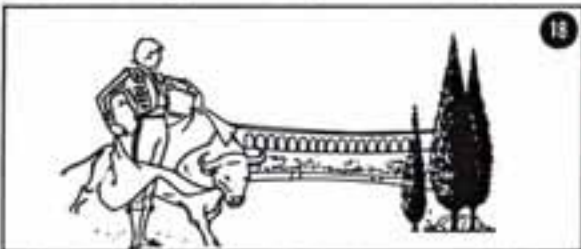
DA NE DA NE



DA NE DA NE



DA NE DA NE



DA NE



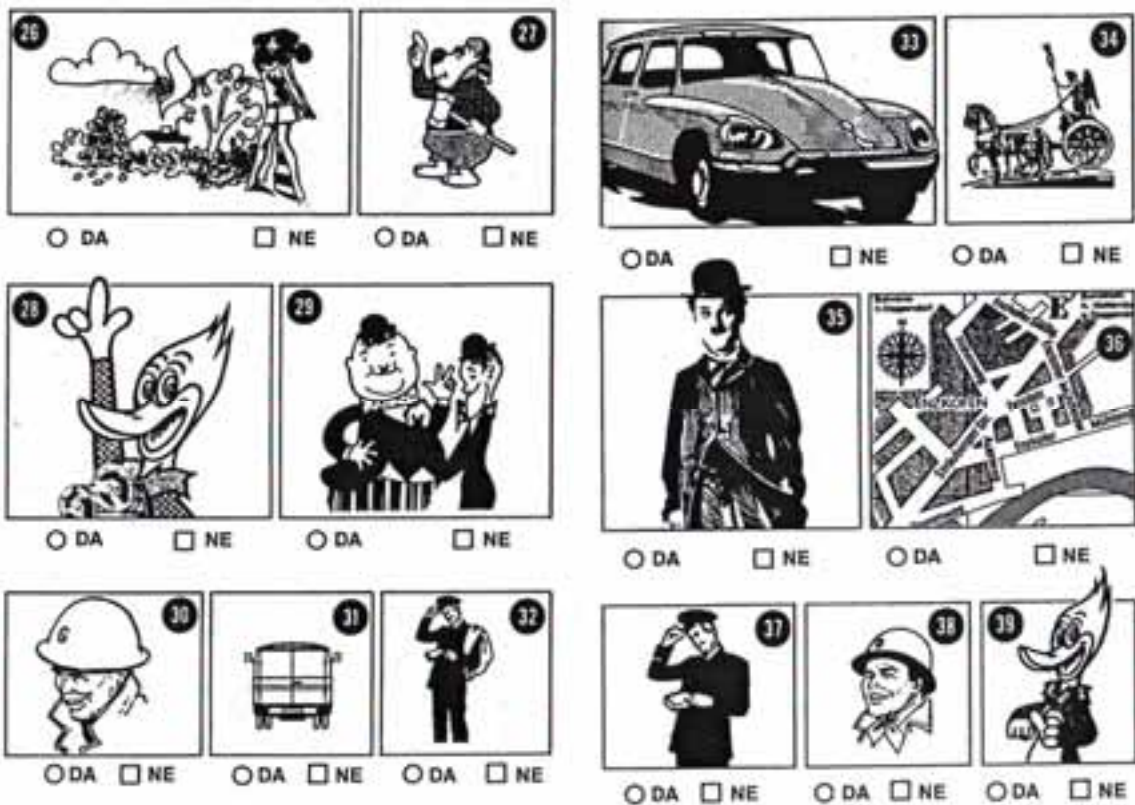
DA NE



DA NE

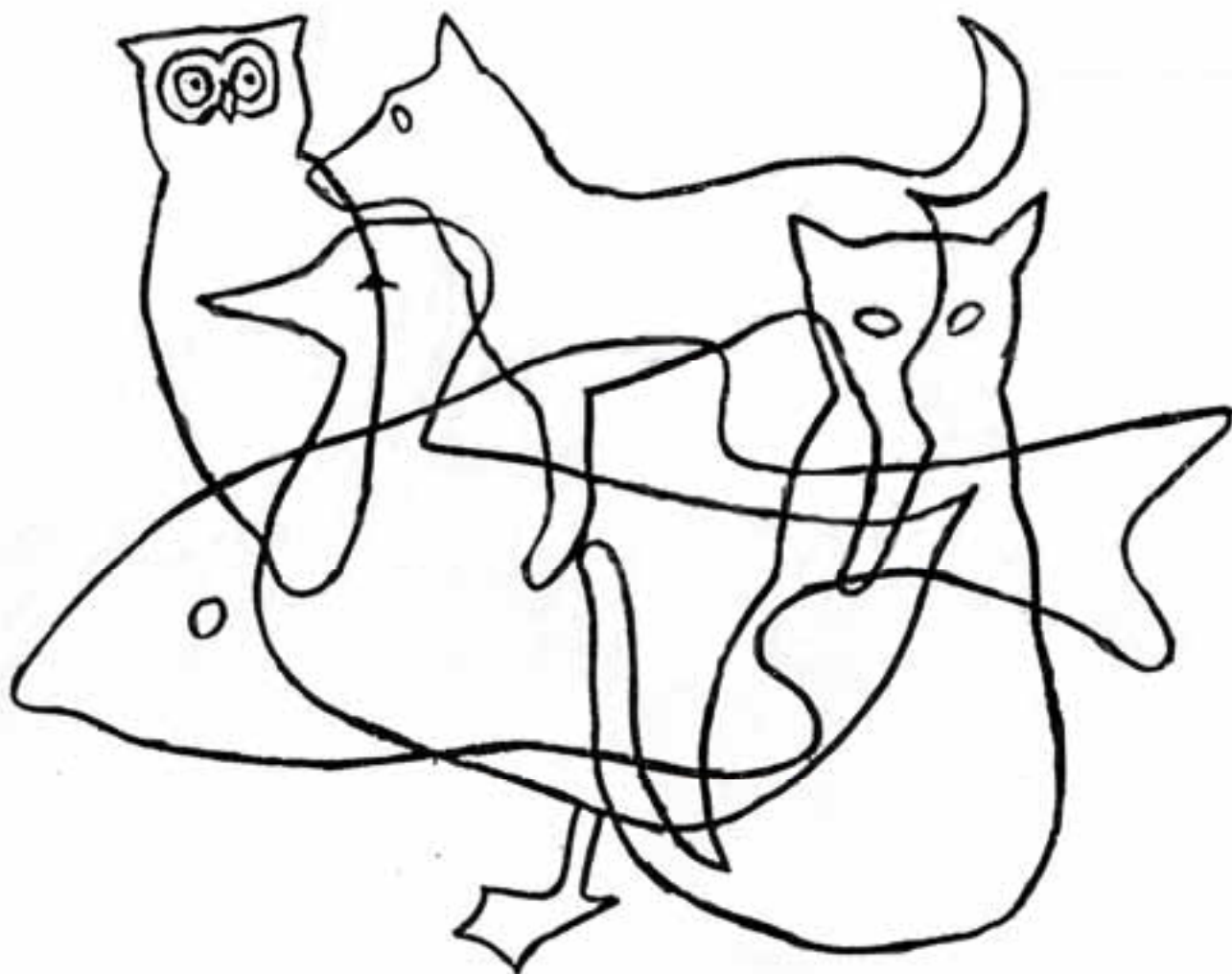


DA NE



Označi koji od isječaka pripadaju prvotnom crtežu
(ne gledajući ponovno originalnu sliku!!)

KOJE ŽIVOTINJE VIDIŠ NA SLICI?
KOLIKO IH IMA?
OZNAČI KONTURE SVAKE ŽIVOTINJE DRUGOM BOJOM.
ISPRIČAJ ŠTO ZNAŠ O SVAKOJ OD ŽIVOTINJA (KAKO SE
ZOVE, GDJE ŽIVI, ŠTO JEDE, KAKO SE GLASA...)





gdica Crnić



g. Tupanjac



gdica Konopka



g. Mlinarić



g. Putičić



gdica Batinić



g. Kamenko



g. Horvat



g. Hruška



gdica Vucelić



g. Babić

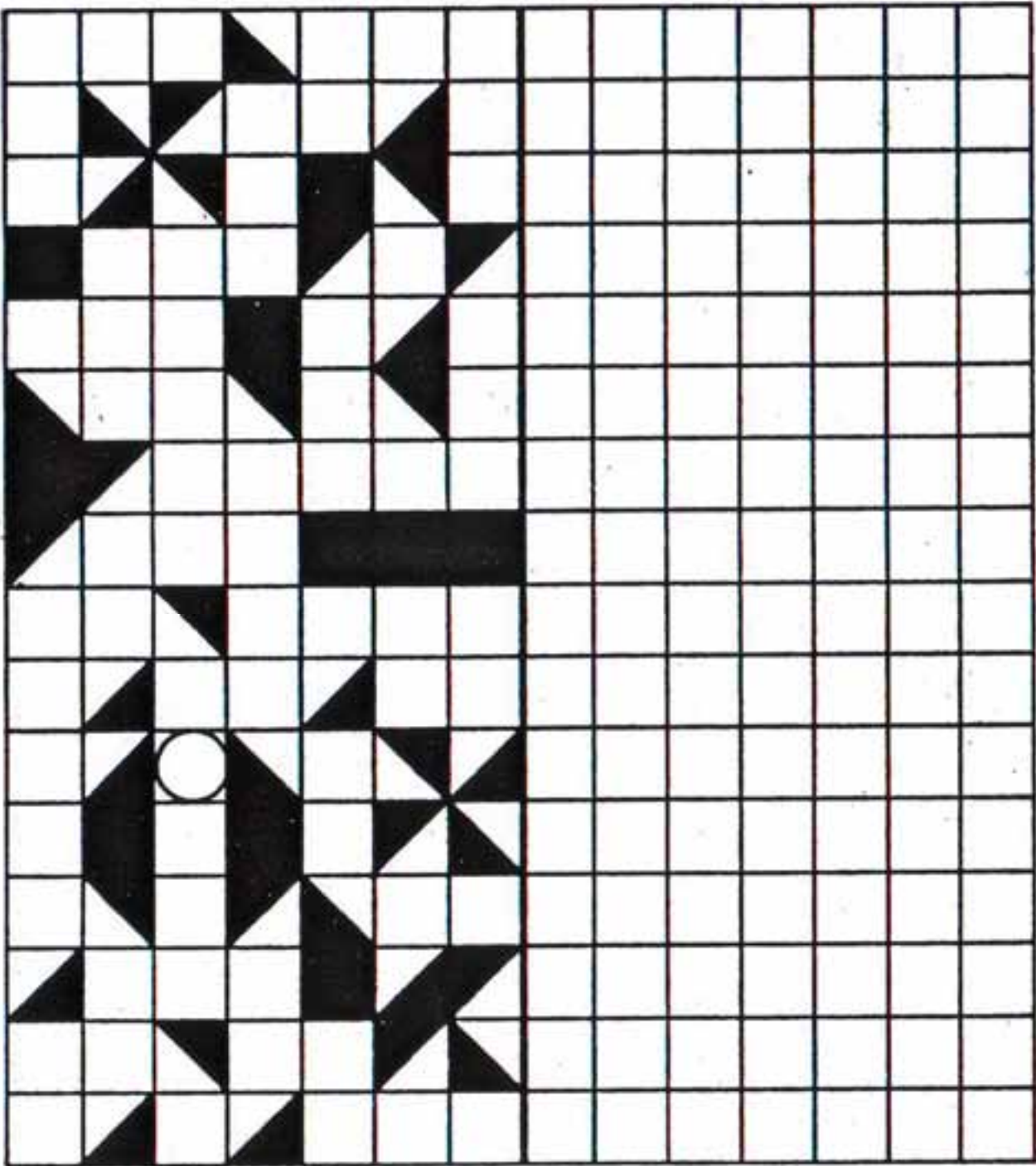


g. Srdić

Probaj zapamtiti sva imena likova na slikama...

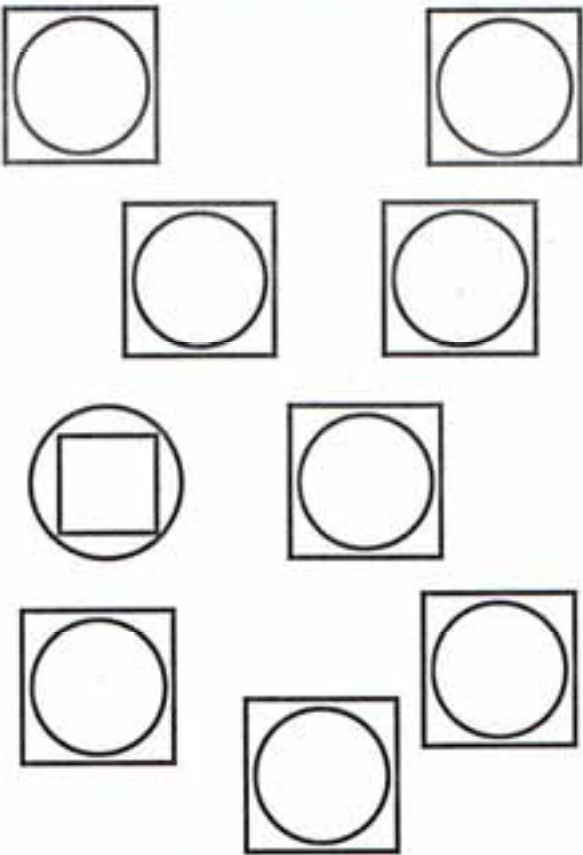
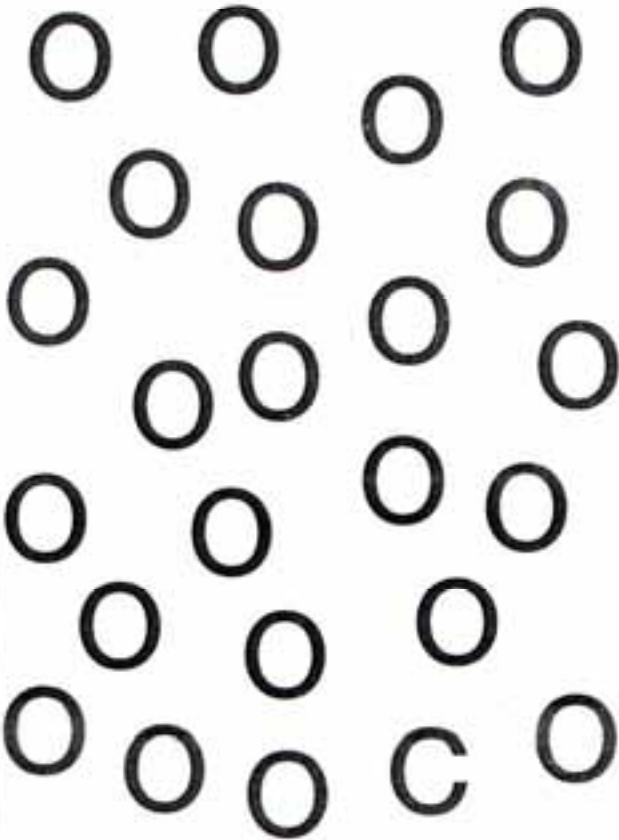


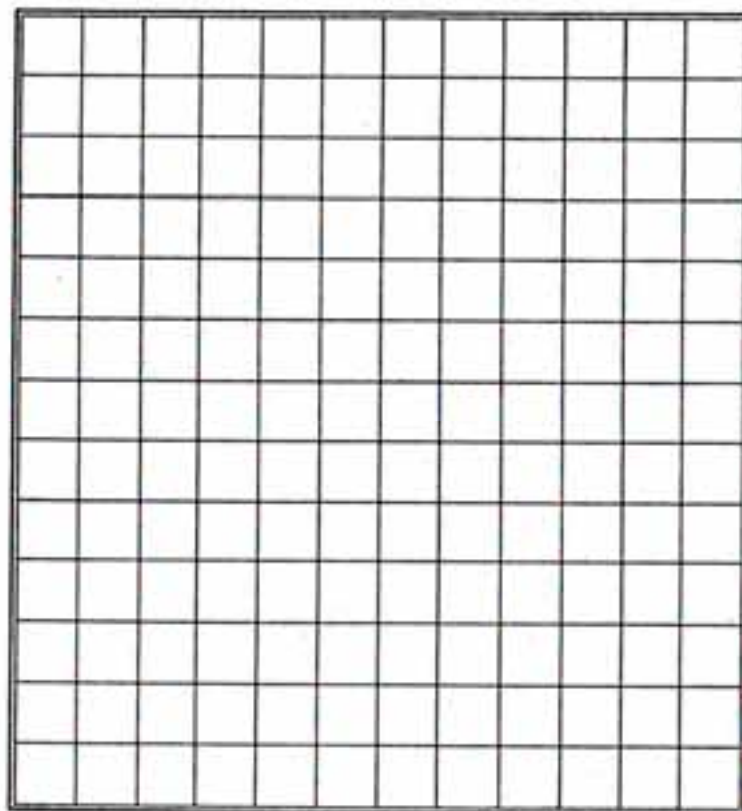
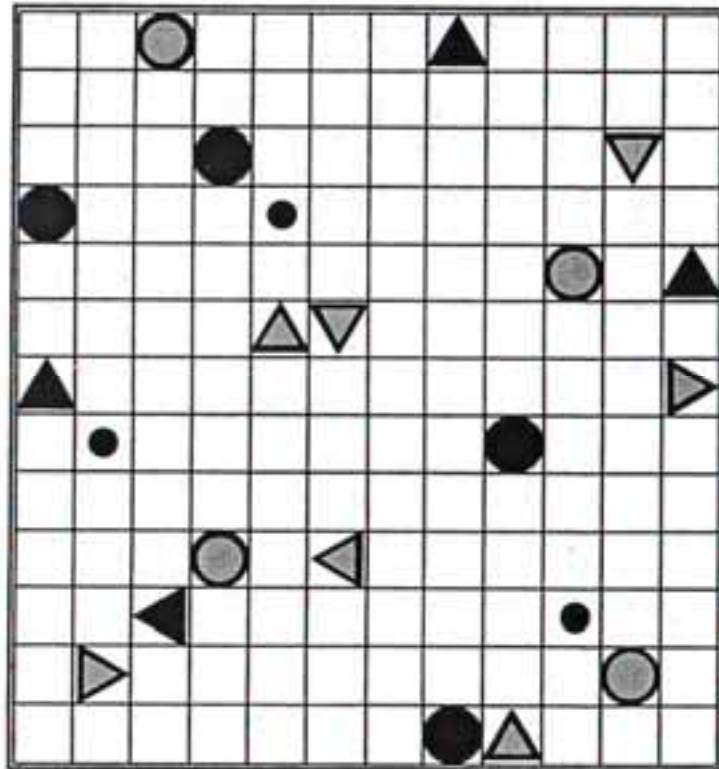
Ne gledajući prethodnu stranicu,
probajte se prisjetiti kako se koji lik zove



Precrtaj lijevi dio slike u desni prazni dio.

U svakoj je kućici uljez.
Pronađi ga i zaokruži.

<p>d d d d</p> <p>d d d d</p> <p>d d d d b</p> <p>d d d d</p> <p>d d d d</p>	
<p>F F F F</p> <p>F F F F</p> <p>F F F F</p> <p>F F F F</p> <p>F F F F</p> <p>F F F F</p>	



Precrtaj gornju sliku u donju

ablhnmiJllnftthilhörttltilbtrsyp_{til}jtfflftlllhboürscbzrgß1
e587lbhhihilbtrw_{xlutli}jbhngtoeplgtititn_{jmlh}lllhbv_{mu}
zühmblrvneugüpwcxy6721hnlfdotprnblxew11hnbulnm
rß72holitl_{tljrio}1zrnttrflghbtiff_{tijlh}mebtborli

Prekriži u gornjem tekstu sva slova /

rpwingbhmitgwxymrgzhhioemgvurtmnhzrpwöcmbut0ß
rutbnmfrmrhnr_{umhz}toermnxf_{guzwh}cxmithgurpwüb_n
mnmnm_m,htuep,xhgbroepühhrbhbeowmfhe-rogbcorh
tüqvahngieppmnhbhgnmuepwüjhg.bci3zeof

Prekriži u gornjem tekstu sva slova h

rfpuw mburv ueowngh hrvwnth hervv heiwr utwvh
urtüwäg nrwv rewvu nhrien uhscbvir urewov ueouw
hnburm vurwten urrrrvrrr wwver uhgut horewvwv
nurhgtü üüüänvü hruwnvu hnwerüvhtb woie irv
wproutionvheztruüüingv uwori bnvheüü äöü uuoieüü

Prekriži u gornjem tekstu sva slova u i v

OD OVDJE NAVEDENIH SLOVA NAČINITE RIJEČI – PREMA ŠIFRI.

MIJENJAJTE BROJEVE ODGOVARAJUĆIM SLOVIMA

I	S	P	O	V	I	J	E	S	T
1	8	10	4	5	9	3	7	2	6

Koju ćete riječ dobiti pri sljedećoj kombinaciji brojeva?

4, 8, 3, 7, 6, 1: _____

4, 5, 3, 7, 8, 1: _____

10, 4, 5, 1, 6, 9: _____

8, 3, 7, 2, 6, 1: _____

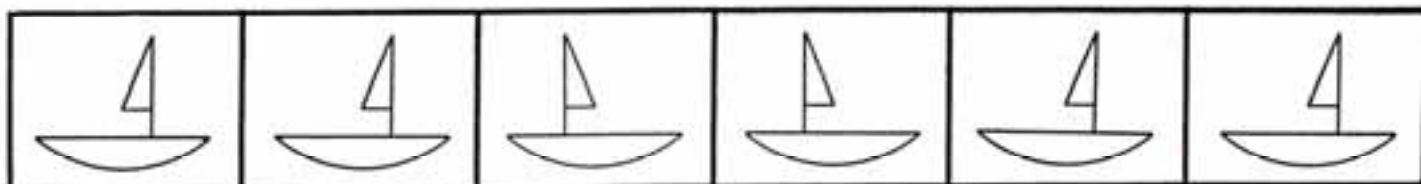
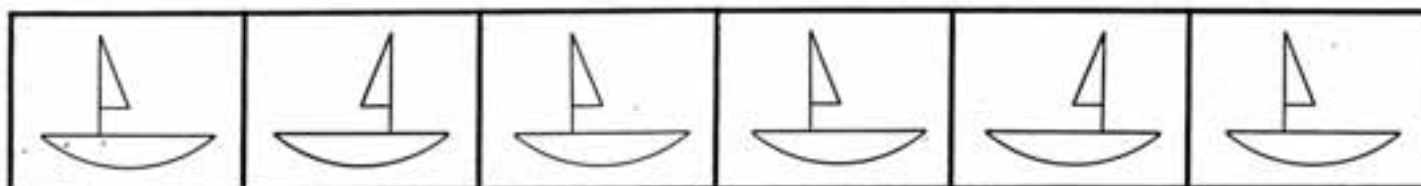
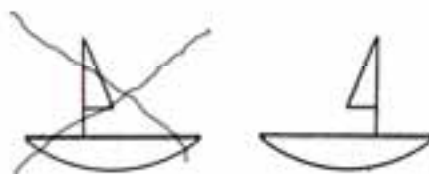
8, 5, 7, 2, 6, 1: _____

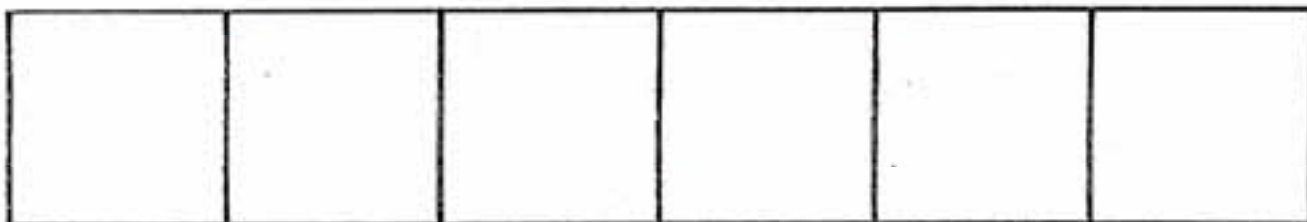
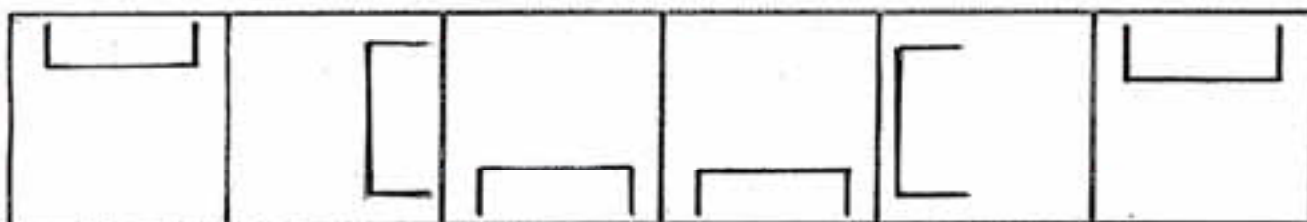
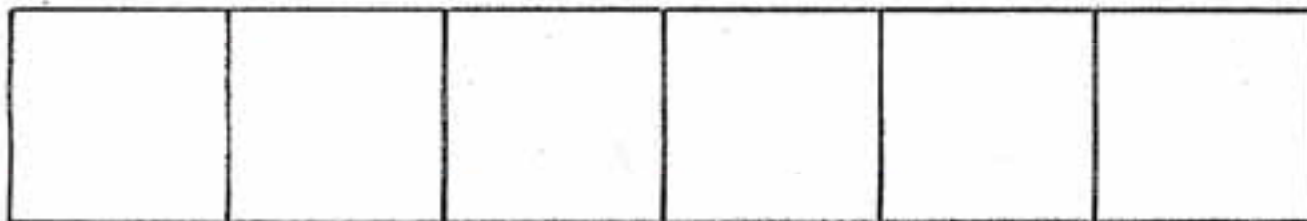
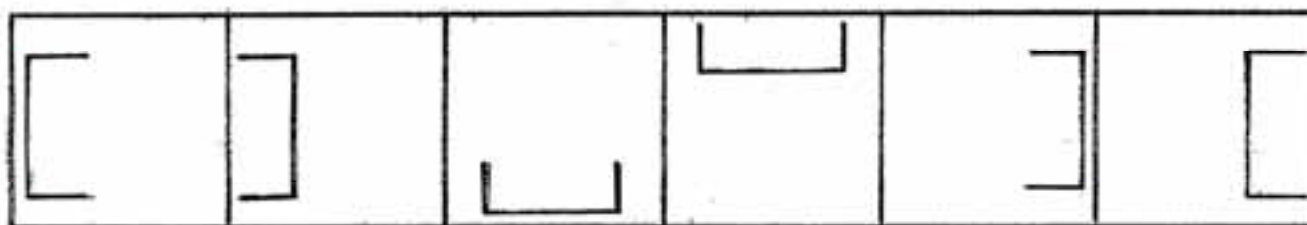
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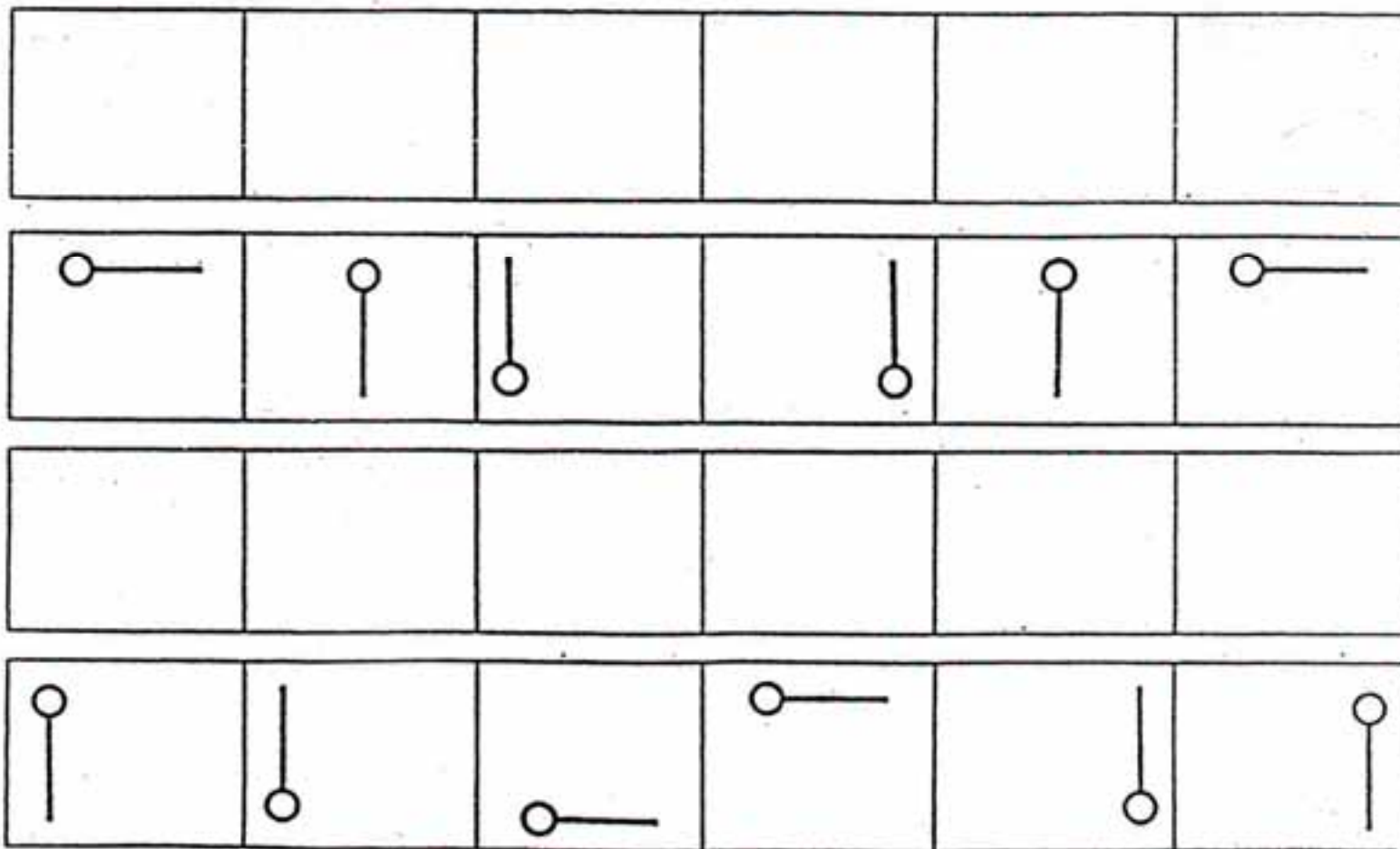
5, 1, 3, 7, 2, 6: _____

brodove okrenute udesno prekriži
brodove okrenute ulijevo zaokruži

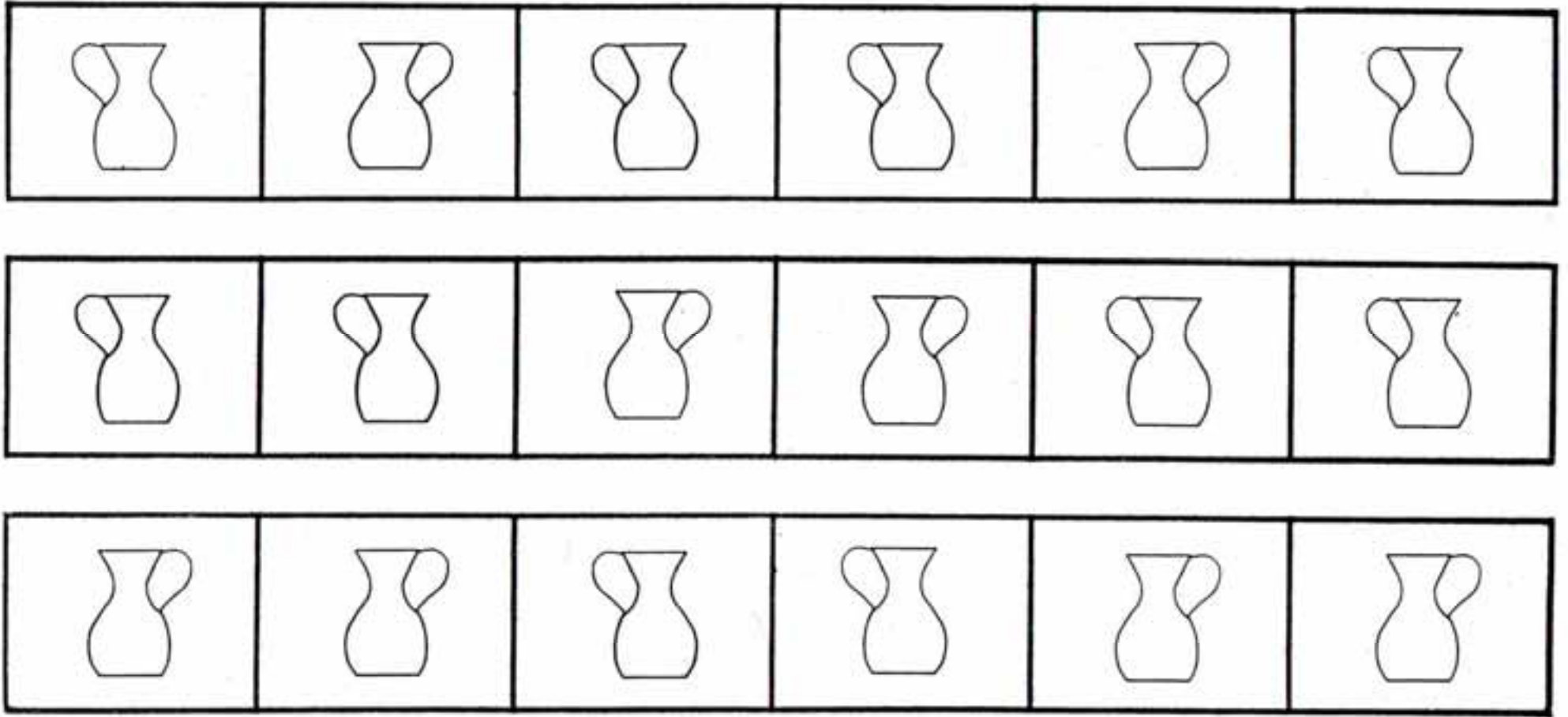




U donji red precrtaj crtež iz gornjeg reda.



U gornji red precrtaj crtež iz donjeg reda.



Prekriži čupove kojima je drška okrenuta udesno

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U gornjem tekstu prekriži sva slova m

